

December 11, 2014

TO THE ADMINISTRATOR ADDRESSED:

Subject: Required Physical Fitness Assessment

Texas Education Code, §38.101 and §38.103, require that the fitness levels of all students in grades 3-12 enrolled in a physical education course or any substitute course or activity be assessed at least once annually and that school districts submit the results to the Texas Education Agency (TEA) each school year. The TEA identified Fitnessgram® as the assessment tool to be used by all school districts starting in the 2007-2008 school year.

In 2013, the TEA entered into an agreement with Human Kinetics to provide a two-year statewide license to Fitnessgram 10 at no cost to schools. Districts and charter schools are required to register with Human Kinetics for access to the district site license, which provides software access, an updated Fitnessgram test manual, and key code access to online Fitnessgram media. Please visit <http://www.fitnessgram.net/texas> for more information regarding Fitnessgram 10 and instructions for how to register for the site license.

Districts that elect not to take advantage of the Fitnessgram 10 site license will still be required to upload their fitness data to TEA. Districts may upload their data via the TEA's Physical Fitness Assessment Initiative (PFAI) application. A TEASE account, user name, and password with PFAI access is required to upload data to the agency. Instructions for this process can be found at http://www.tea.state.tx.us/pfai_tease.pdf.

The Fitnessgram 10 and PFAI systems opened for uploading all fitness data on September 15, 2014. All fitness data for the 2014-2015 school year must be submitted on or before June 12, 2015. The Fitnessgram 10 and PFAI systems will be closed for data submission after this date.

Questions related to Fitnessgram 10 and the district site license should be directed to Human Kinetics by telephone at 1-800-747-4457 or by email at k12sales@hkusa.com. For technical assistance questions, please email support@hkusa.com.

Questions related to the PFAI application may be directed to TEA's Curriculum Division by telephone at 512-463-9581 or by email at healthandsafety@tea.state.tx.us.

Aggregated fitness assessment data from previous school years are available at <http://tea.texas.gov/index2.aspx?id=25769817461&menuid=25769804474>.

Sincerely,

Monica Martinez
Associate Commissioner
Standards and Programs

MM/bf