## SHAC April Newsletter

# **SASIC** District

5101 San Pedro Ave, San Antonio, Tx. 78212 www.TheSanAntonioSchool.org T: (210) 507-7703

#### What is SHAC?

SHAC stands for School Health Advisory Council. It is suggested by TEA that school districts show initiative to bring SHAC to their schools. For the 2016/17 school year, each of the SASIC schools have their own committee of SHAC to discuss areas of health for the students at their school. SHAC is made up of at least five people-three must be parents (parents must always make up the majority of the committee).

#### **Recent Events**

#### **Arts Festival**

On a recent Saturday early morning, more than 15 SASIC Prep M.S. students and SASIC adult volunteers bussed to Austin to compete in an Arts competition. Students won awards in the categories of Communication Design & Painting (see back).

#### <u>FitnessGram</u>

Coach Machail continues to assess students from Monticello Elementary and Kinder Academy in physical fitness. He is entering scores for cardiovascular aptitude, muscle strength, muscular endurance, flexibility and body composition.



## **Upcoming Events**

#### April 21

Earth Day at Monticello Kinder Academy

#### May 6

Parking Lot Fundraiser at SASIC Prep M.S.

## May 12

Bike Rodeo at Monticello Elementary

#### Important Announcements

If any parents are interested in being part of a SHAC committee for their student's school, please contact Mr. Alperin, (210) 473-4571 Howard.Alperin@SASICTX.org.

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No school April 28<sup>th</sup> for Battle of Flowers/STAAR Testing continues from May 1st-May 12<sup>th</sup>.

#### **More Important News**

#### **Planned Events**

#### Monticello Elementary/Kinder Academy-

Fiesta Parade at Kinder Academy on April 27<sup>th</sup> at 10am-decorating shoeboxes as floats that roll.

Bike Rodeo at Monticello Elementary on May 12<sup>th</sup> with SAPD-bike safety check, obstacle course.

## SASIC Prep Academy Middle School-

'Rights, Respect, Responsibility' curriculum approved by SHAC parents will begin after STAAR testing.

## Monticello High School-

Construction Career Day-April 18<sup>th</sup>
Soccer team plays April 20<sup>th</sup>, April 24<sup>th</sup>
Fashion Show-May 26<sup>th</sup>

## SASIC Career Paths High School-

SABullyFree discussion

End of the year Health Fair

College prep classes/Local SA College tours



#### In the Community

#### **Gardening!**

Monticello Elementary has partnered with SA Food Bank to teach best gardening practices, while Kinder Academy has created their own vegetable garden, planted with carrots, cucumbers and broccoli.



#### **Fashion Sense!**

Ms. Stringer has advanced fashion design students focused on their business and marketing skills. Students are preparing homemade accessories and textiles to show off their craftsmanship for an upcoming show.

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