



SASIC District-SASIC H.S. School's Health Advisory Council

Facilitator: Mr. Alperin

December 13th

Note taker:

Mr. Alperin

Attendees: Nurse Casson, Coach Shields, Ms. Orozco, Mr. Alperin...Parents-*Ms. Santana, Ms. Osmer, Mr. Osmer, Ms. Chavez and Ms. Martinez.*

Notes: 1st SHAC Meeting of the School Year...

Discussion: Mr. Alperin read to the committee the entirety of 'SHAC in a Nutshell', which is written and supplied by TEA.		
Ms. Santana will be 'Chair' of the committee.		
First, there was discussion of an end of the year 'Health Fair' event. Then, it was discussed to bring guest speakers once a month for assemblies. Texting and driving as a safety issue was discussed.		
A 'Wheel of Health' with 12 topics was mentioned by Mr. Alperin/Ms. Orozco as a starting tool.		
Conclusions: Committee wants to combine 12 topics from 'Wheel of Health' in order to fit 4 guest speakers.		
Action items: Set dates for monthly health assemblies and end of year Health Fair coordinated with Principal Hodges	Person responsible: Ms. Santana	Deadline: Mid-January

Plans

Discussion:		
It was brought up to survey the students about 'Health issues and safety issues.' We talked about getting Student Council involved. The students need to be heard. Also, we need build-up, anticipation for the assemblies and fair. We want to give them prizes, incentives. We need to get teachers involved.		
Conclusions: Film students can film events and band can play events. There can be a competition of graphic design to make posters for events.		
Action items: Create and disperse 'health survey' to students with approval from Principal Hodges.	Person responsible: Coach Shields	Deadline: Mid-January

Outcome: Good ideas for guest speakers and Health Fair. Also, committee members spoke about the possibility of a 'SHAC Night', 'Talent Night', 'Yoga Night', 'Yoga Under the Stars.'